



# Quick Facts About Migraine Visual Aura

## What Is Migraine Visual Aura?

- This is the most common type of temporary, neurological symptom, usually lasting between 5-60 minutes, and always involves both eyes.
- It is often associated with a headache, typically after onset, but can occur without headache.
- Everyone's aura is different, but it commonly consists of shapes and colors and can start near the central vision or off to the side, followed by expansion outward to the peripheral vision.



## How can a neuro-ophthalmologist help?

- Neuro-ophthalmologists are trained to determine if your vision symptoms are typical of migraine visual aura or are from something else.
- The neuro-ophthalmologist may perform additional testing in the clinic, such as peripheral vision testing or photographs to help determine if your symptoms are from migraine visual aura.
- They may recommend additional investigations, such as MRI.

## Is there treatment for migraine visual aura?

- Migraine visual auras are typically short, non-disabling, and treatment is unnecessary.
- When treatment is needed, it is most often for headache.
- Treatments include over-the-counter or prescription pain medication or daily, migraine-preventative medications.



<https://www.nanosweb.org/migraine>

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