Quick Facts About Thyroid Eye Disease

What Is Thyroid Eye Disease?

- Thyroid eye disease (TED) is an autoimmune disease causing inflammation in the muscles and fat behind the eyes
- Thyroid levels may be low, high or normal
- Early treatment is important during the active phase

What Should I Do About Thyroid Eye Disease?

- A neuro-ophthalmologist checks your vision, eye movements and eyelids
- If you are a smoker, stop smoking
- Treatments may include medications, surgery, prism glasses, or radiation, depending on severity and types of eye-related problems

**How Can Thyroid Eye Disease Affect Me?**

- Blurred vision from dry eye, or rarely, the optic nerve can be injured
- Double vision from restricted or weakened muscles
- Change in appearance due to bulging eyes, redness, swelling and/or eyelid retraction

https://www.nanosweb.org/thyroideyedisease

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