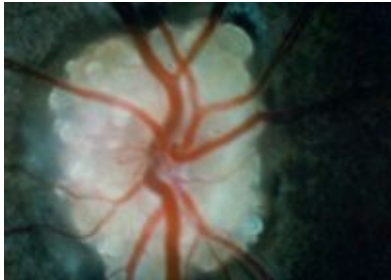




Quick Facts About Optic Disc Drusen

What Is Optic Disc Drusen?

Courtesy of Dr. Cristiano Oliveira M.D.



- Optic disc drusen are abnormal deposits of benign, usually calcific material in the optic disc, the front part of the optic nerve which connects each eye to the brain, and are of unknown cause
- About 1% of people have them but often do not know.
- Optic disc drusen can look like swelling of the optic nerve.

How Can Optic Disc Drusen Affect Me?

- Patients with optic disc drusen usually do not notice any vision problems. However, brief flickering or graying out of vision (a few seconds) may occur.
- Over time, up to 70% of patients with optic disc drusen have some decrease in peripheral vision, which is typically asymptomatic.

What Should I Do About Optic Disc Drusen?

- A **neuro-ophthalmologist** is experienced and trained in deciding whether an optic nerve looks swollen from optic disc drusen or from other causes to avoid unnecessary worry and testing.
- There is no proven treatment for optic disc drusen.

<https://www.nanosweb.org/drusen>

